Close One Loop

Find something you normally waste or buy repeatedly. Give it another useful purpose today.

Today's practical checklist

☐ Save vegetable scraps for stock or compost.

☐ Repurpose a towel or reusable container.

☐ Use, freeze, or preserve food before it spoils.

My notes and progress

What did I choose to reuse or save?

What is my next link in the loop?

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Choose Your Homesteading Lane

Choose just one area to explore: GROW, PRESERVE, or RAISE.

Today's practical checklist

☐ GROW: list three foods you buy and research growing one.

☐ PRESERVE: identify one food to make or preserve.

☐ RAISE: research legal requirements and daily animal care before buying.

My notes and progress

My lane is:

My first small action is:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Find Your First $100 Opportunity

Look for five recurring purchases you might grow, make, preserve, reuse, or produce. Compare realistic costs.

Today's practical checklist

☐ List five purchases and their usual prices.

☐ Estimate annual spending (price × times purchased per year).

☐ Circle one potential saving and check startup costs.

My notes and progress

The purchase I want to examine:

My estimated yearly cost and possible savings:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Help the Environment, One Habit at a Time

Look at one way your household uses resources and choose a realistic improvement.

Today's practical checklist

☐ Notice where food, water, or materials are wasted.

☐ Choose one reduction, reuse, or composting action.

☐ Observe whether the change is practical for your household.

My notes and progress

The habit I want to change:

How will I know it helped?

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Find Your First $10 Idea

Explore a small possible income idea without investing in inventory first.

Today's practical checklist

☐ List what I HAVE, GROW, MAKE, and KNOW.

☐ Circle one thing someone might pay for.

☐ Ask potential buyers about genuine interest before spending.

My notes and progress

My $10 idea:

What did I learn from asking people?

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Make One Useful Thing

Take 20 minutes to make, repair, grow, harvest, or repurpose one useful thing.

Today's practical checklist

☐ Use supplies already available, when possible.

☐ Complete one small useful task.

☐ Write down what I learned or would change.

My notes and progress

Today I made or repaired:

The skill I practiced:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Start One Thing Within 24 Hours

Choose a project small enough to begin, even if finishing will take longer.

Today's practical checklist

☐ Decide WHAT I am starting and WHERE.

☐ Identify what I already HAVE.

☐ Take the first physical step and record my starting point.

My notes and progress

My project and location:

The first action I took:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Claim One Square Foot

Make a small part of your home or yard useful for homesteading.

Today's practical checklist

☐ Choose a windowsill, shelf, counter, or other small space.

☐ Give it one purpose: growing, pantry, mending, or supplies.

☐ Set it up and note what it can do over the next month.

My notes and progress

My one-square-foot space:

Its purpose and first improvement:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

Learn One New Skill for $0

Spend 30 minutes learning or practicing a tiny homesteading skill.

Today's practical checklist

☐ Choose something I can practice with what I own.

☐ Try it safely and note the result.

☐ Give myself one Homesteading Skill Point.

My notes and progress

Today I learned how to:

What I want to practice next:

My next small step

☐ Done today ☐ Started ☐ Need to revisit

The 3-P Test: Priority, Plan, Place

Before beginning a project, make sure it matters, is practical, and has a suitable location.

Today's practical checklist

☐ PRIORITY: write why this project matters.

☐ PLAN: identify three needs, costs, or skills.

☐ PLACE: check the real location, then take one action.

My notes and progress

Priority and project:

Plan, place, and first action:

My next small step

☐ Done today ☐ Started ☐ Need to revisit