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INSIDE OUT

IN THEATRES JUNE 19

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Make a Hexaflexagon!

A Hexaflexagon is a 'magic' mathematical shape that you can keep flipping inside out to reveal hidden pictures. Cut out the shapes and have a go - can you find all 6 images?

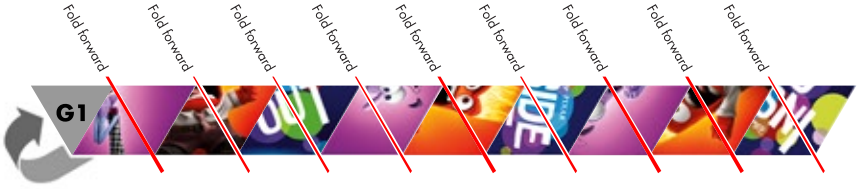
Step 1

Cut out the small template, or cut out and join the 3 pieces to make the big one. Then, fold it down the middle along the red line



Step 2

With 'G1' facing up, fold forward on each of these red lines in turn



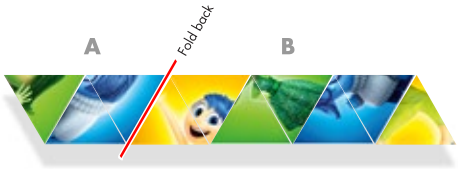
Step 3

You should end up with shape that looks like this...



Step 4

With the 'back' facing you, fold along this line, folding side 'A' behind side 'B'

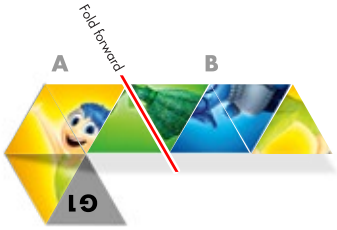


So it looks like this...



Step 5

Fold along this line, folding side 'B' over side 'A'

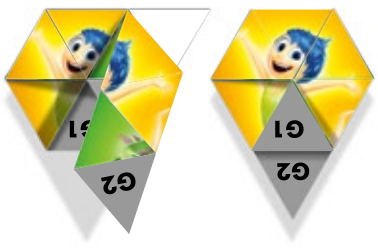


So it looks like this...



Step 6

Bring 'G1' out from behind so it sits in front, then fold and stick 'G2' on to 'G1'





How to use it



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Big template

PART 'A'

Carefully cut out along the dotted line

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Big template

PART 'B'

Carefully cut out along the dotted line

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Big template

PART 'C'

Carefully cut out along the dotted line

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Small template

Carefully cut out along the dotted line

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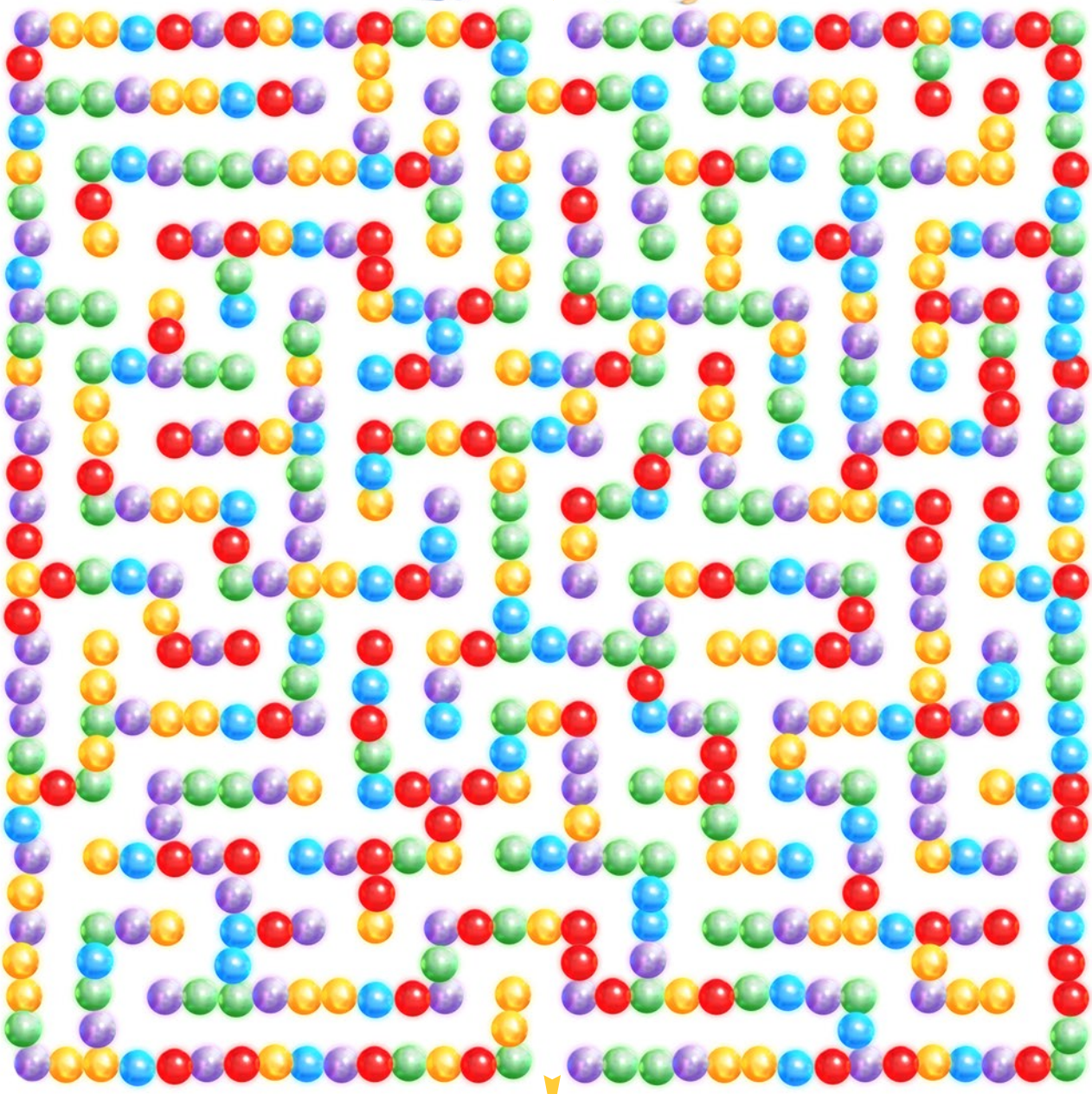
Crazy Maze

Joy and Sadness have become lost and need to find their way back to HQ. See if you can find the path back to the others!







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COLORING PAGE



Joy & Sadness



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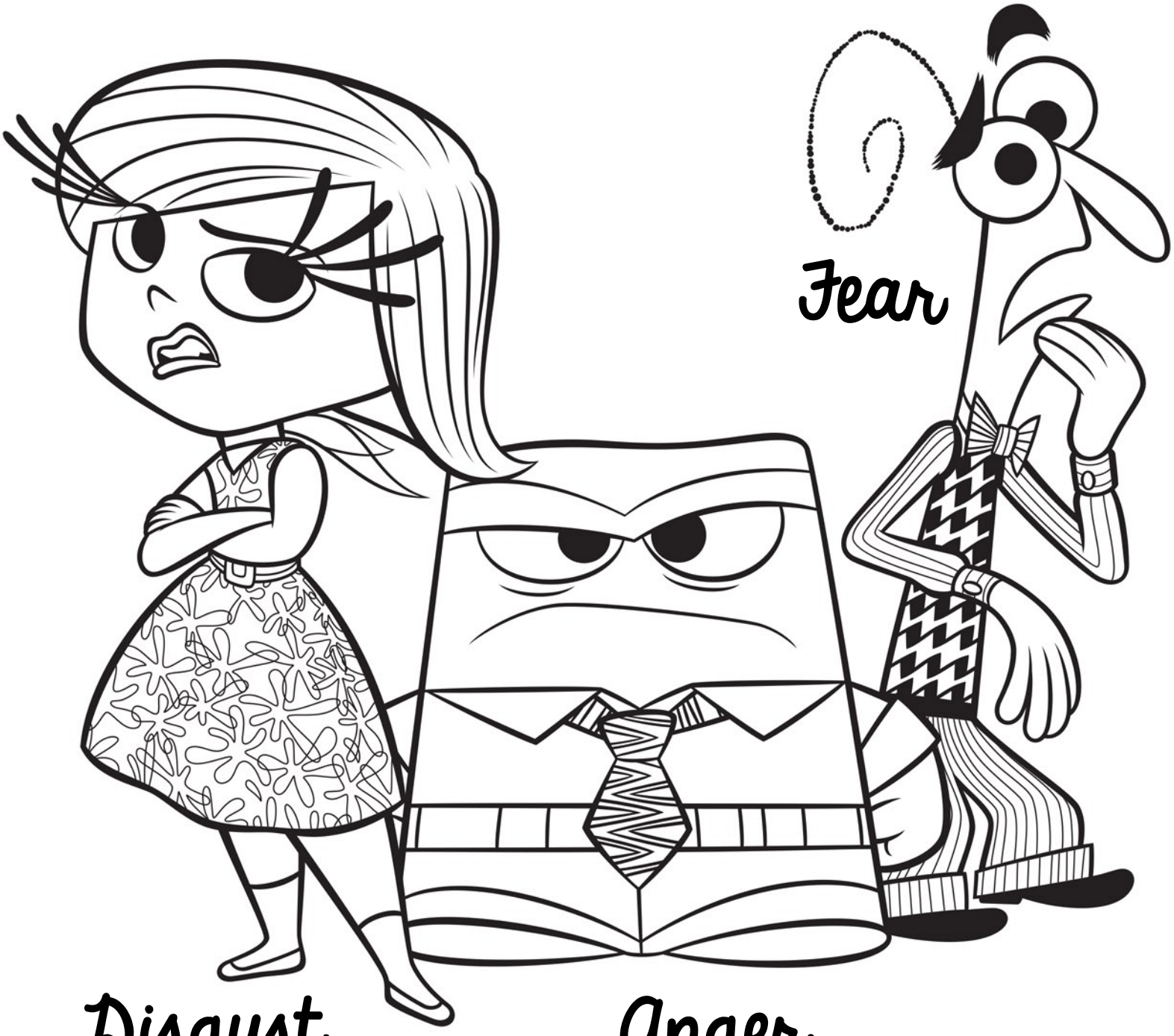

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Joy

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Sadness

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Joy



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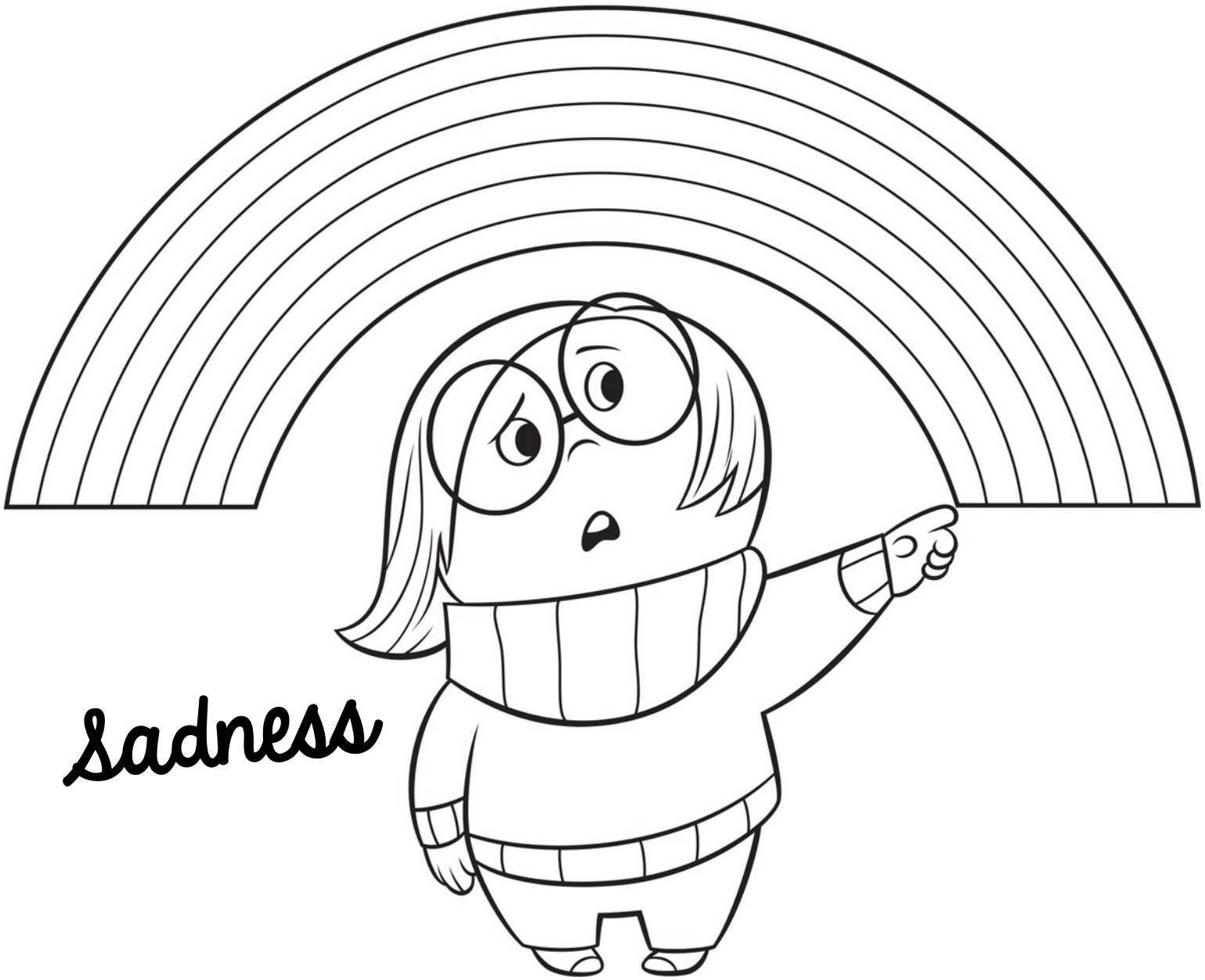

Sadness

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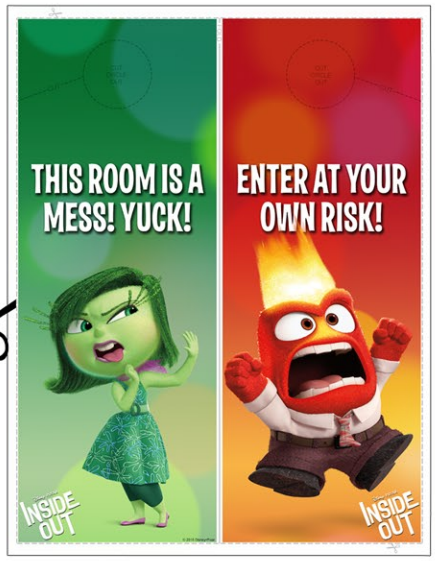
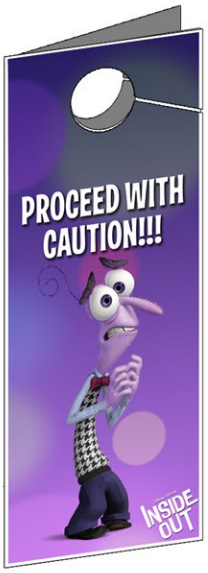
JUNE 19, 2015

HEADQUARTERS DOOR HANGER

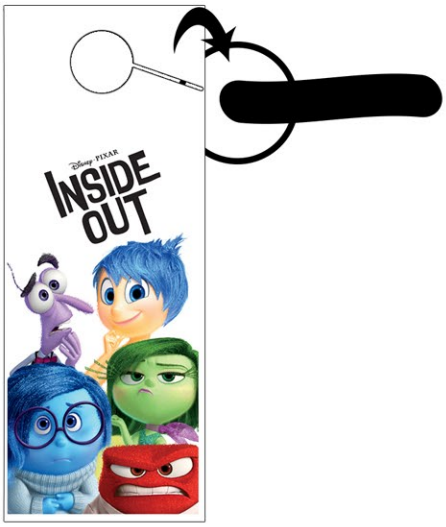
MAKE THIS SIMPLE DOOR HANGER AND SHOW PEOPLE HOW YOU'RE FEELING



STEP 1:
CUT ALONG THE DOTTED LINE ON THE FOLLOWING THREE PAGES.



STEP 2:
FOLD EACH HANGER IN HALF AND GLUE OR TAPE TOGETHER.



STEP 3:
SLIDE THE DOOR HANDLE THROUGH THE SLIT TO HANG. CHOOSE WHICH HANGER REFLECTS HOW YOU'RE FEELING!



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CUT

CUT CIRCLE OUT

YAY! YOU'RE HERE! COME IN!



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FOLD

CUT CIRCLE OUT

CUT

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INSIDE OUT



CUT CIRCLE OUT

CUT

FOLD

GIVE ME A MOMENT... OR TWO.



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CUT CIRCLE OUT

CUT

PROCEED WITH CAUTION!!!



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CUT

CUT CIRCLE OUT

THIS ROOM IS A MESS! YUCK!



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FOLD

CUT CIRCLE OUT

CUT

ENTER AT YOUR OWN RISK!



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EMOTIONS AROUND THE WORLD

Learn how your favorite emotions translate in other countries!

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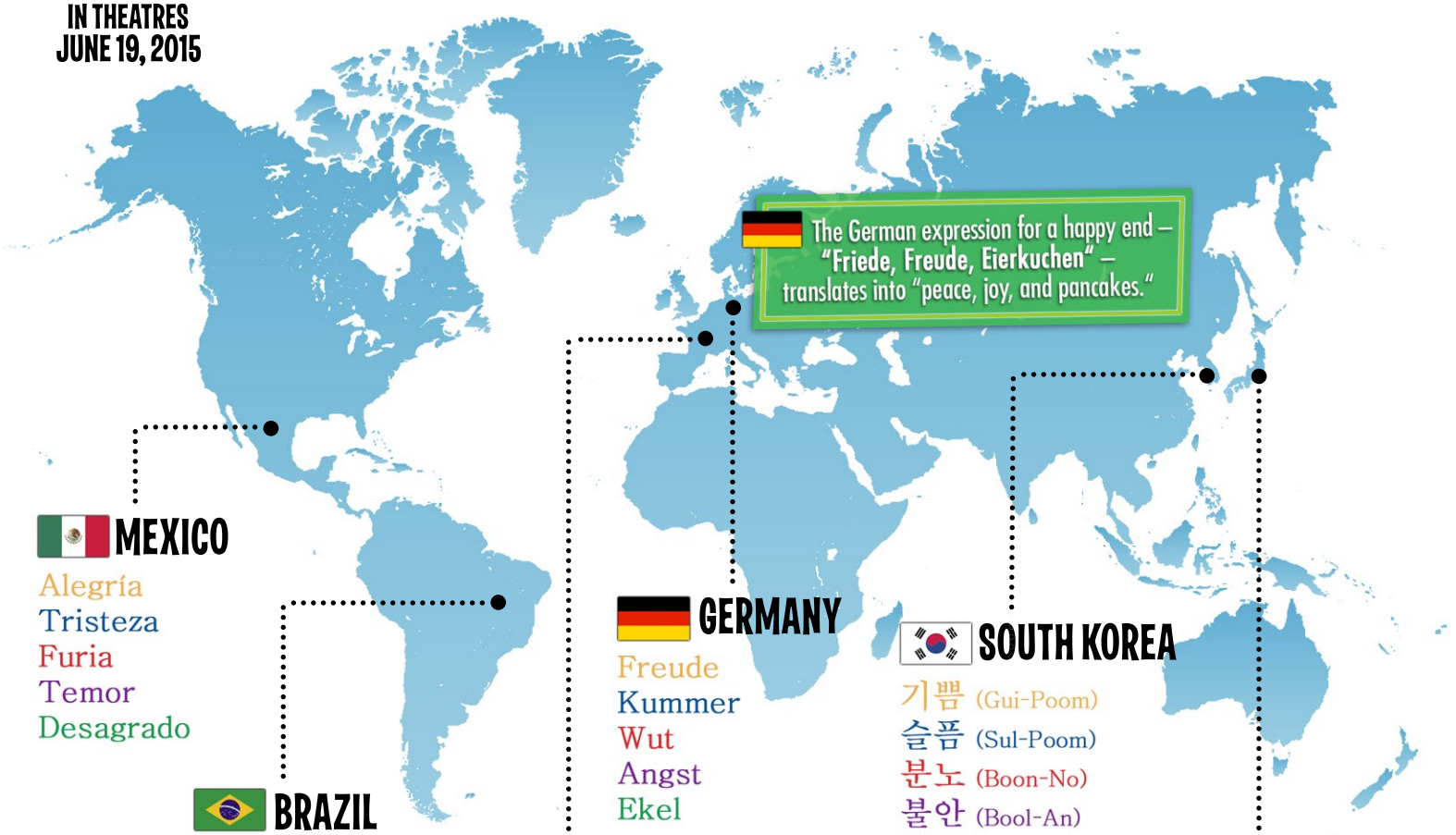

MEXICO
Alegría
Tristeza
Furia
Temor
Desagrado

BRAZIL
Alegria
Tristeza
Raiva
Medo
Nojinho

FRANCE
La joie
La tristesse
La colère
La peur
La dégoût

There is a French expression – **"Une journée riche en émotions"** – meaning "the day will be full of emotions."

GERMANY
Freude
Kummer
Wut
Angst
Ekel

The German expression for a happy end – **"Friede, Freude, Eierkuchen"** – translates into "peace, joy, and pancakes."

SOUTH KOREA
기쁨 (Gui-Poom)
슬픔 (Sul-Poom)
분노 (Boon-No)
불안 (Bool-An)
혐오 (Hyum-Oh)

JAPAN
ヨロコビ (Yo-Ro-Ko-Bi)
カナシミ (Ka-Na-Shi-Mi)
イカリ (Eh-Ka-Ri)
ビビリ (Bi-Bi-Ri)
ムカムカ (Mu-Ka-Mu-Ka)

As shown in ムカムカ **(Mu-Ka-Mu-Ka)** for Disgust, the same word(s) can be repeated to strengthen its meaning, to pluralize, or to express repetition and continuation of action.

ENGLISH-SPEAKING COUNTRIES:



Joy | Sadness | Anger | Fear | Disgust

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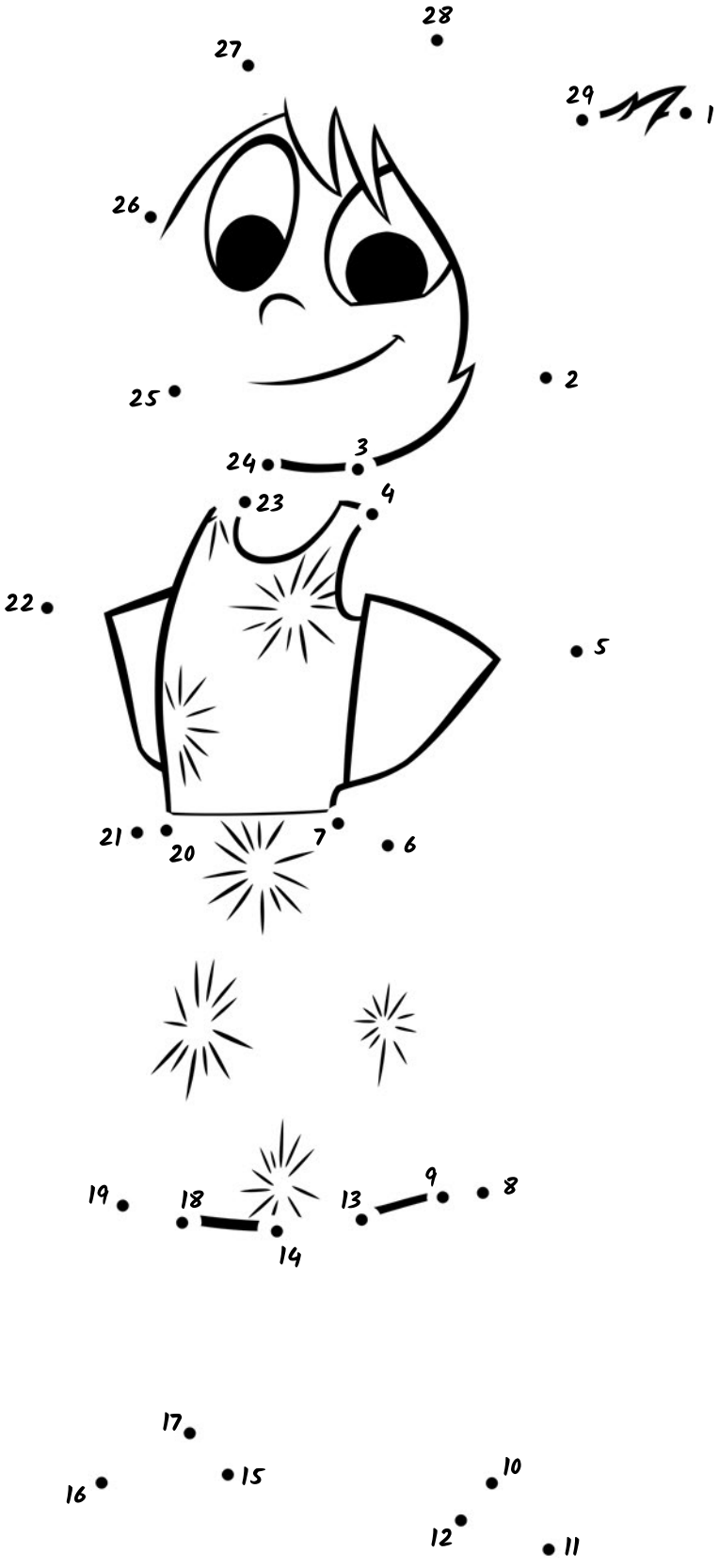
Connect the dots

Start at 1 and connect the dots to finish this picture. Have fun!



say hello to JOY

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Connect the dots

Start at 1 and connect the dots to finish this picture. Have fun!



say hello to SADNESS

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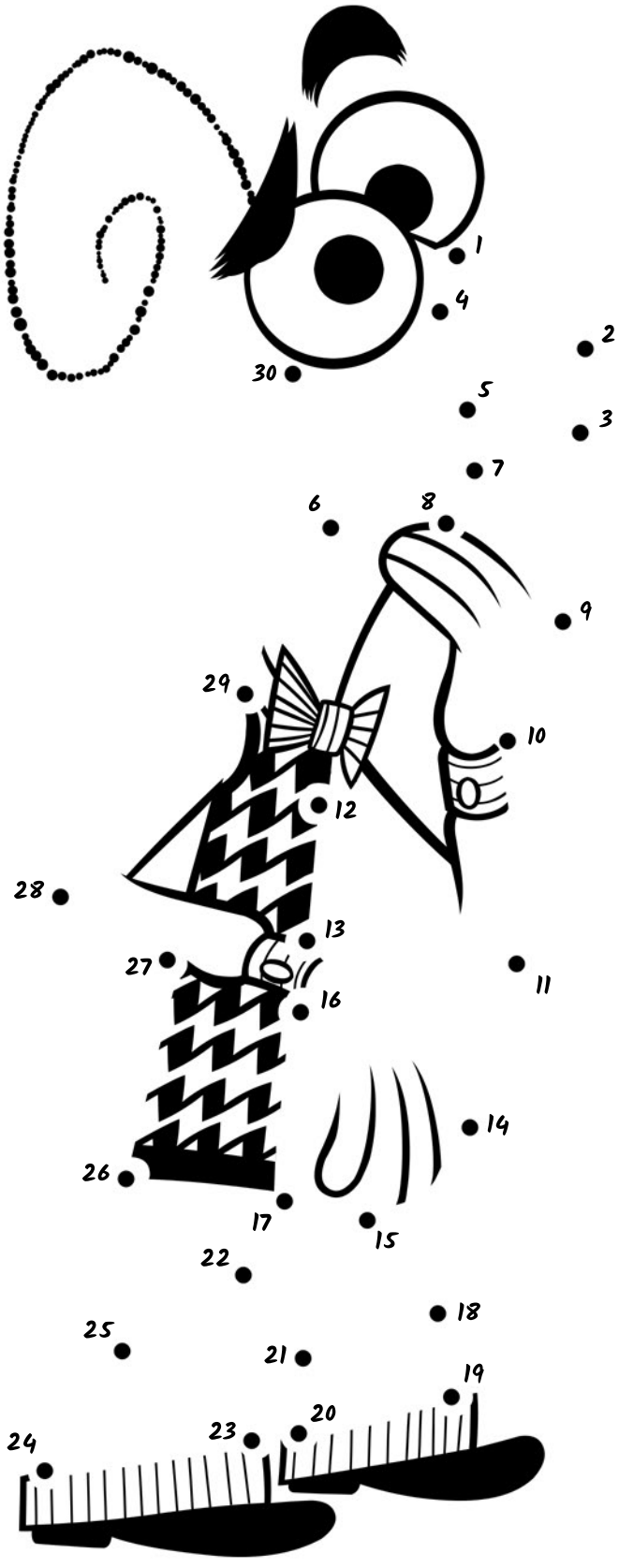
Connect the dots

Start at 1 and connect the dots to finish this picture. Have fun!



say hello to FEAR

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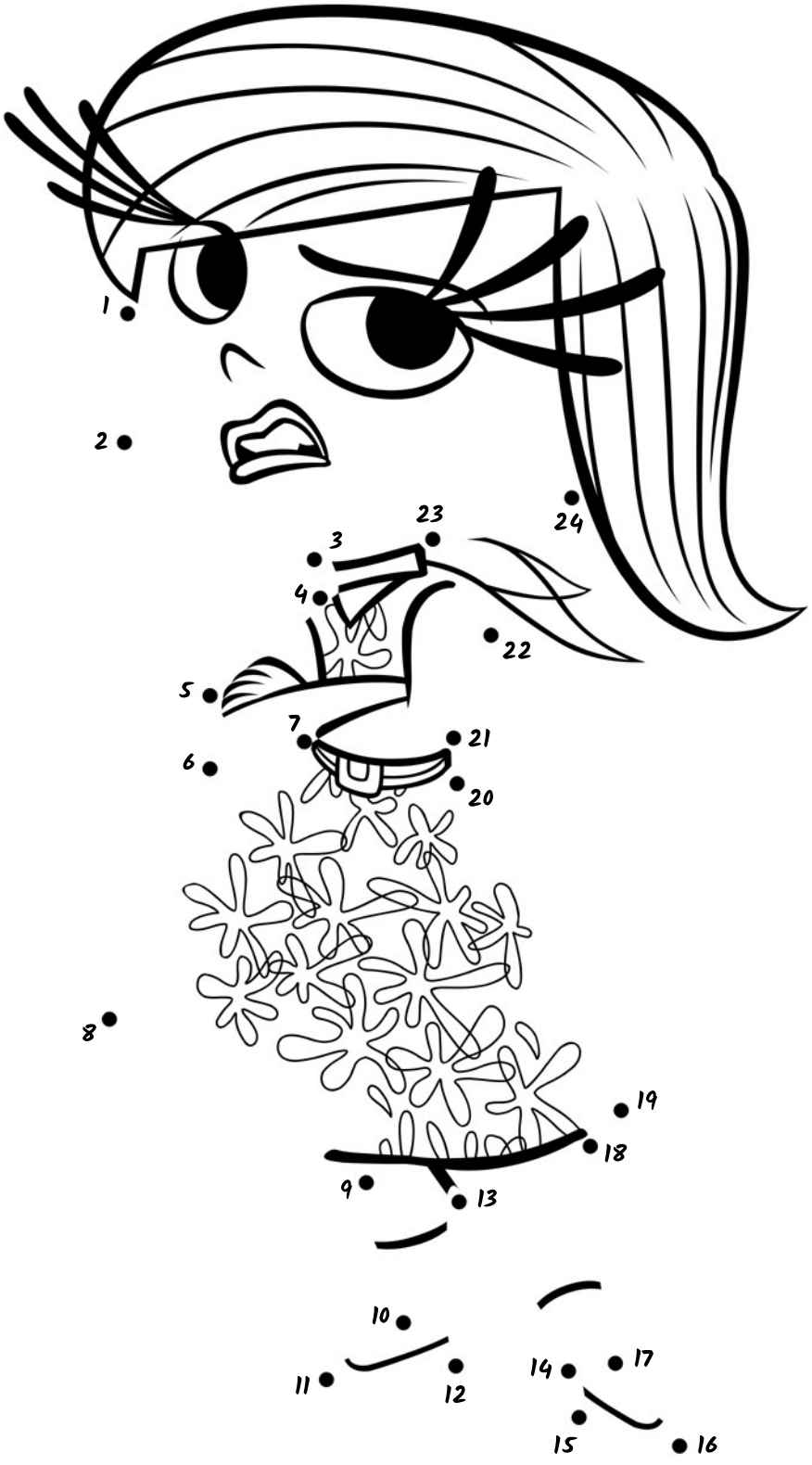
Connect the dots

Start at 1 and connect the dots to finish this picture. Have fun!



say hello to DISGUST

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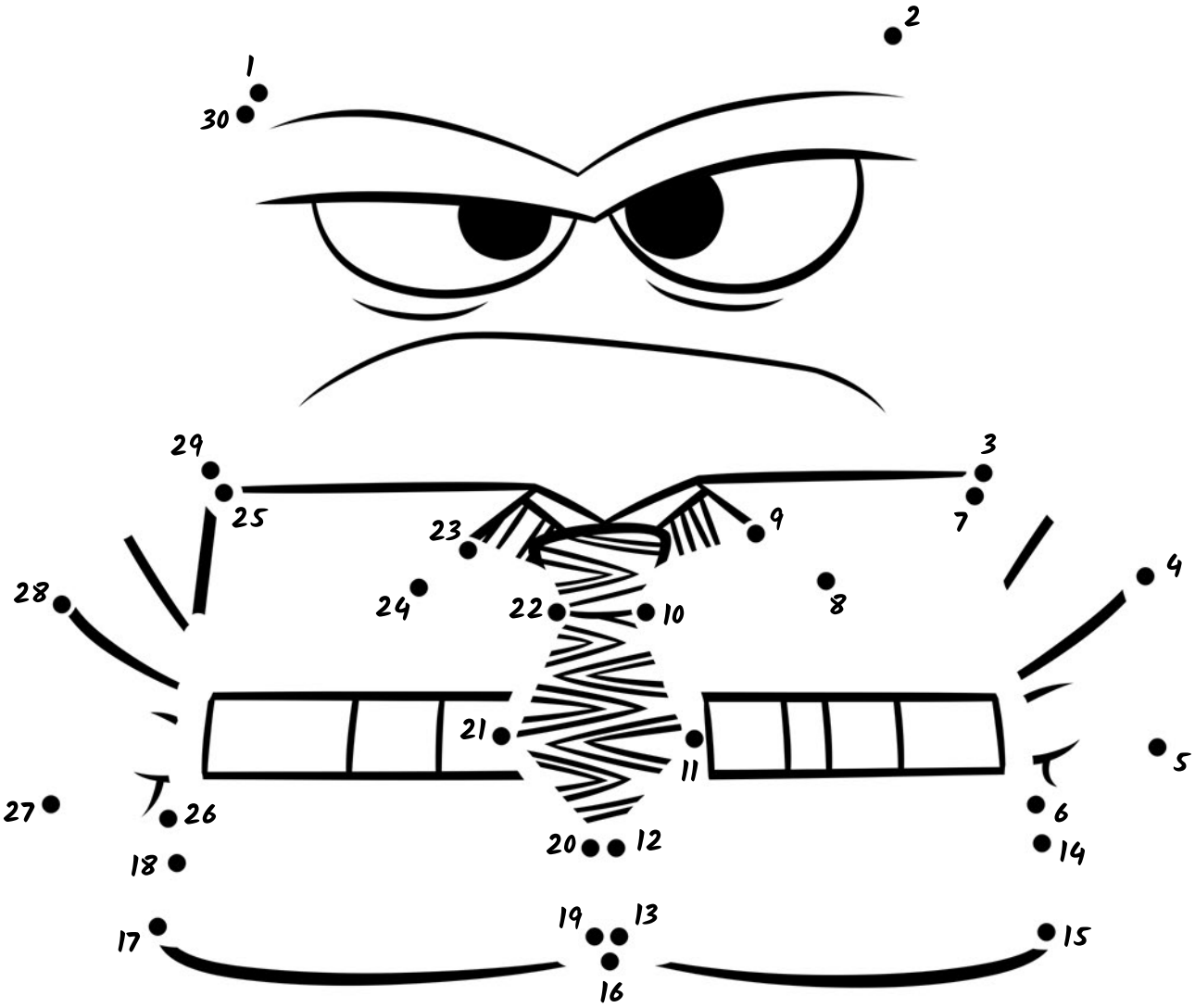
Connect the dots

Start at 1 and connect the dots to finish this picture. Have fun!

say hello to ANGER



Joy's HAPPY HUES





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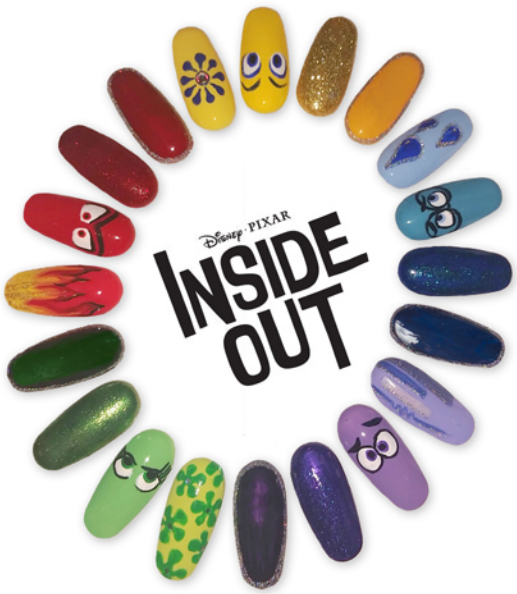
AULANI LANIWAI



SUPPLIES:

- Fine tip nail art brush (for acrylic paint)
- Cup of water (to clean brush in between color changes)
- Nail art dotter
- Silver glitter nail art striper
- Nail base color: "Provincial Madesmoiselle" *Disney's Beautifully collection*
- Acrylic paint colors for design: Dark Blue, Black & White

INSTRUCTIONS: Apply base coat and two coats of "Provincial Madesmoiselle."

Character Face

1. Using white acrylic paint, create 2 ovals for the eyeballs.
2. Using dark blue acrylic paint, outline the outer rim of eyeballs.
3. Using dark blue acrylic paint with nail dotter, create a dot in the bottom area of each eyeball. With the same tool, create a smaller dot with black acrylic paint on the inside of the first dark blue dot, creating the pupil of eyes.
4. Using dark blue acrylic paint, create rounded arched eyebrows.

Character Symbol

1. Using dark blue acrylic paint, create a dot in the center of nail.
2. Using dark blue acrylic paint, create 8 "teardrops" evenly around center dot with tip of teardrop facing the center dot.
3. Glue a rhinestone onto the center dot.
4. Complete look with top coat.

PG

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Sadness' TEARFUL TIPS



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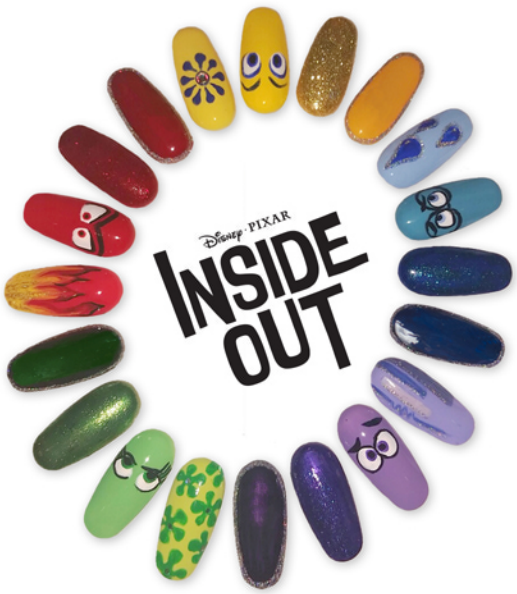

SUPPLIES:

- Fine tip nail art brush (for acrylic paint)
- Cup of water (to clean brush in between color changes)
- Nail art dotter
- Silver glitter nail art striper
- Nail base color: Medium Blue
- Acrylic paint colors for design: Light Blue, Dark Blue, Black & White

INSTRUCTIONS: Apply base coat and two coats of a Medium Blue nail polish.

Character Face

1. Using white acrylic paint, create 2 circles for the eyeballs.
2. Using black acrylic paint, outline the entire rim of eyeballs.
3. Using light blue acrylic paint with nail dotter, create a dot in the top right area of each eyeball. With the same tool, create a smaller dot with black acrylic paint on the inside of the dot, creating the pupil of eyes.
4. Using black acrylic paint, create inverted arched eyebrows above eyeballs.
5. Using black acrylic paint, create glasses by drawing 2 circles around each eyeball.

Character Symbol

1. Using dark blue acrylic paint, create a tear drop in the center of nail.
2. Using silver glitter nail art striper, draw a comma-like shape on the bottom right of tear drop.
3. Using silver glitter nail art striper, outline the whole tear drop.
4. Complete with top coat.

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Anger's FIERY FINGERS





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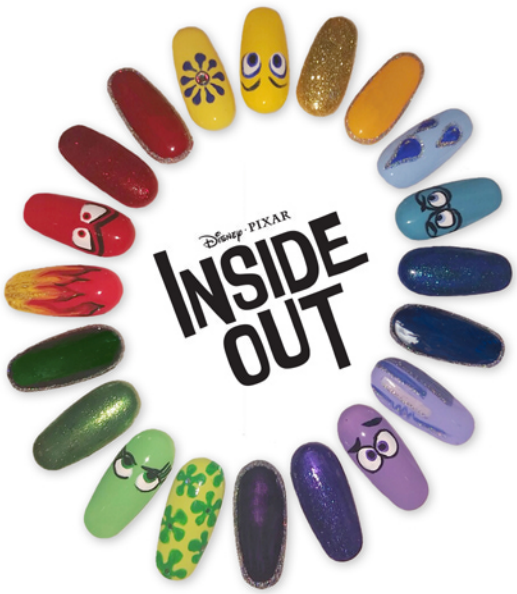

SUPPLIES:

- Fine tip nail art brush (for acrylic paint)
- Cup of water (to clean brush in between color changes)
- Nail art dotter
- Gold glitter nail art striper
- Nail base color: Bold Red
- Acrylic paint colors for design: Red, Orange, Yellow, Black, White

INSTRUCTIONS: Apply base coat and two coats of a Bold Red nail polish.

Character Face

1. Using white acrylic paint, create 2 square shaped eyeballs.
2. Using black acrylic paint, outline the outer top rim of eyeballs.
3. Using red acrylic paint with nail dotter, create a dot in the inner area of each eyeball. With the same tool, create a smaller dot with black acrylic paint on the inside of the dot, creating the pupil of eyes.
4. Using black acrylic paint, create "V" shaped unibrow eyebrows above eyeballs.

Character Symbol

1. Using red acrylic paint, draw the tip of the flames.
2. Using orange acrylic paint, blend under the red.
3. Using yellow acrylic paint, blend under the orange.
4. Using gold glitter nail art striper, coat over yellow.
5. Using black acrylic paint, outline the tip of each flame.
6. Complete look with top coat.

PG

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Disgust's GRODY GREENS



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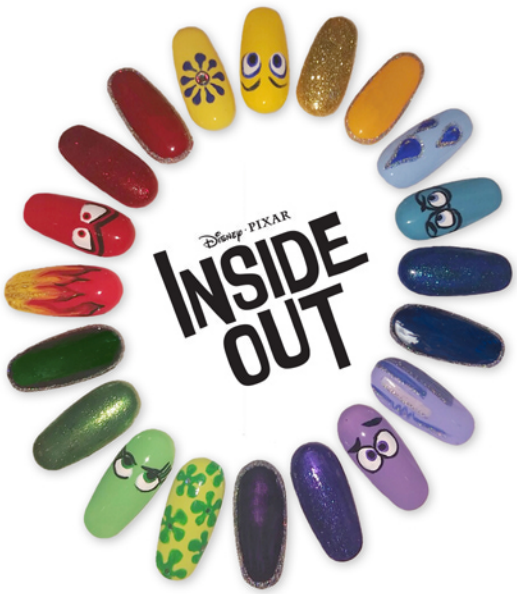

SUPPLIES:

- Fine tip nail art brush (for acrylic paint)
- Cup of water (to clean brush in between color changes)
- Nail art dotter
- Rhinestones
- Nail base color: Lime Green
- Acrylic paint colors for design: Green, Black & White

INSTRUCTIONS: Apply base coat and two coats of a Lime Green nail polish.

Character Face

1. Using white acrylic paint, create 2 almond shaped eyeballs.
2. Using black acrylic paint, outline the outer rim of eyeballs.
3. Using green acrylic paint with nail dotter, create a dot in the top center area of each eyeball. With the same tool, create a smaller dot with black acrylic paint on the inside of the dot, creating the pupil of eyes.
4. Using black acrylic paint, create rounded arched eyebrows above eyeballs.
5. Using black acrylic paint, create the eyelashes.

Character Symbol

1. Using green acrylic paint, create flowers over nail.
2. Glue a rhinestone in the center of each flower.
3. Complete look with top coat.

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Fear's PRECARIOUS PURPLES



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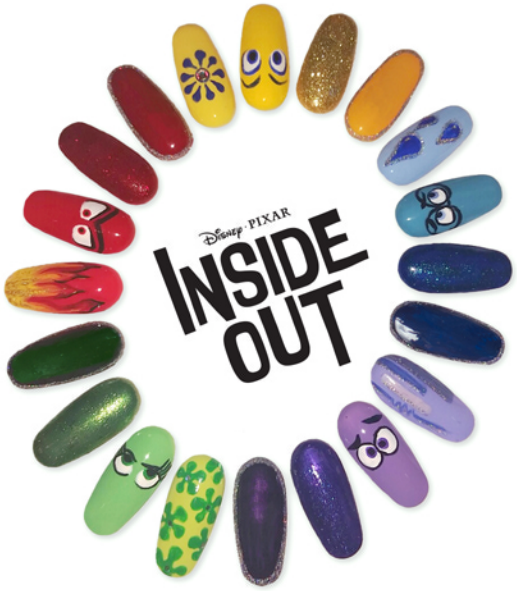

SUPPLIES:

- Fine tip nail art brush (for acrylic paint)
- Cup of water (to clean brush in between color changes)
- Nail art dotter
- Silver glitter nail art striper
- Nail base color: Lilac Purple
- Acrylic paint colors for design: Light Purple, Medium Purple, Dark Purple, Black & White

INSTRUCTIONS: Apply base coat and two coats of a Lilac Purple nail polish.

Character Face

1. Using white acrylic paint, create 2 circles touching each other for the eyeballs.
2. Using black acrylic paint, outline the entire rim of eyeballs.
3. Using medium purple acrylic paint with nail dotter, create a dot in the inner area of each eyeball. With the same tool, create a smaller dot with black acrylic paint on the inside of the dot, creating the pupil of eyes.
4. Using black acrylic paint, create inverted arched eyebrows, one being lower than the other.

Character Symbol

1. Using medium purple acrylic paint, create a thick line to the far right side of nail.
2. Using dark purple acrylic paint, create a thinner line to the left of the first thick line.
3. Using light purple acrylic paint, create a line to the left of the previous line.
4. Using dark purple acrylic paint, create thin line with squiggles on the far right side of nail.
5. Using silver glitter nail art striper, line the left side of each line.
6. Complete look with top coat.

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Board Game

Cut out and play the 'Train of Thought' board game! Print out the pages, carefully cut out and make the character counters and dice (unless you have your own) and stick or glue the two sides of the game board together.

How to play

Choose a character. All players start on the 'START' spot. Take turns to roll the dice and move your character along the path. The winner is the player who reaches the 'FINISH' spot first!

Think Back!

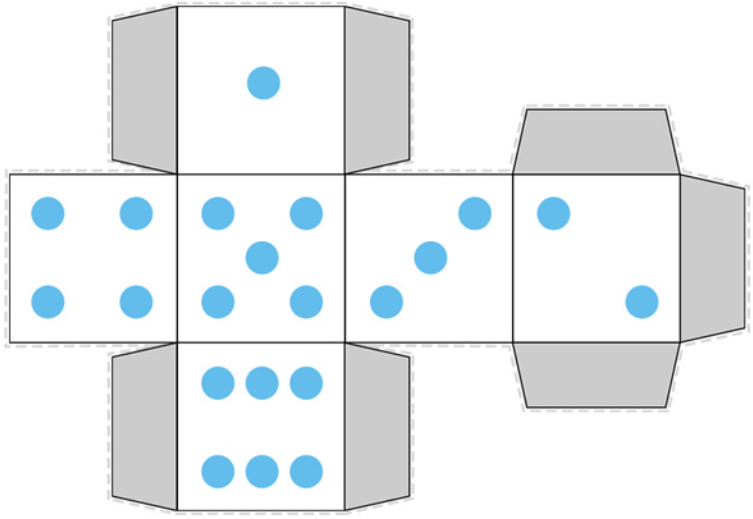
Move back the number of places indicated.

Roll Again

You get to have another go!

Abstract Thought

Pick an Abstract Thought card. Some are good, some are bad, some are just plain weird!



Cut out and fold into a cube, using the tabs to stick the edges together



JOY JOY

B Wrap the base into a ring and stick 'A' over 'B' A



FEAR FEAR

B Wrap the base into a ring and stick 'A' over 'B' A



ANGER ANGER

B Wrap the base into a ring and stick 'A' over 'B' A



DISGUST DISGUST

B Wrap the base into a ring and stick 'A' over 'B' A



SADNESS SADNESS

B Wrap the base into a ring and stick 'A' over 'B' A

PG

Cut out each card, fold in the middle and stick the 2 halves together









Card backs

Fold

Do a silly dance to move forward 2 places

You're about to look grumpy. Go back 1 place

'High Five' the next player to move forward 1 place

Move back 2 places... just because!

Card fronts









Card backs

Fold

Woohoo! Move forward 3 places, you lucky thing!

Roll again and move back that many places

Say your name backwards, then move forwards 2 places

Move back 2 places... just because!

Card fronts

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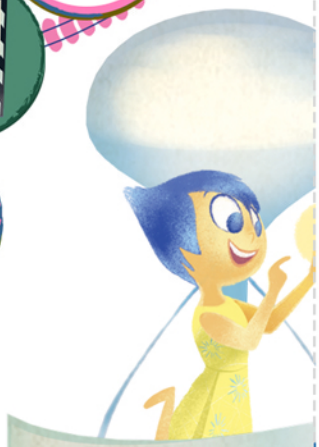
TRAIN OF THOUGHT
THE GAME







HEADQUAR

FINISH



Place cards here









PG


2
DANGER
KEEP OUT
ROLL AGAIN
HONESTY
GOOFBALL
ROLL AGAIN
DANGER
KEEP OUT
4
ROLL AGAIN
IMAGINATION LAND
DANGER
KEEP OUT
DANGER
KEEP OUT
ROLL AGAIN
All aboard the
IN of THOUGHT
START
Dream
DREAM STUDIOS

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MEMORY BALL CRAFT

In "Inside Out," each of Riley's memory balls reflects a specific Emotion. Turn your favorite emotional photos into memory balls with this tutorial!



SUPPLIES

- Personal photo
- Scissors
- Plastic orb *(from a craft store)*
- Glitter glue
- Colored glitter *(matched to your memory's emotion)*





STEP 1

Coat inside top edge of one side of the plastic orb with glitter glue. Repeat on the other orb half.



STEP 2

Apply colored glitter on both orb halves, to suit the emotion associated with your core memory. Allow glitter to dry.





STEP 3

Print out two images to fit the shape of the orb at its widest point. Cut out images and tape them back to back.



STEP 4

Insert the photo into the orb and close orb halves to seal in your core memory!

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SPOT THE DIFFERENCE

Find the six differences between the two pictures.





ANSWER KEY: Colored wire, upper right; Extra wall detail, upper right; Table base, lower center
Missing memory balls, upper left; Extra gear, upper left; Buildings in distance, upper center;

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